

Request for Limited Use and Disclosure of My Health Records

Enrollee Information

Insert information about the individual whose information will be changed.

Name

Address

Date of Birth
M M D D Y Y Y Y

Social Security Number

Phone Number

Requesting Limit to Use of Health Information

I am asking BlueCare/TennCareSelect to limit the use and disclosure of my health information on file.

I understand that:

- BlueCare/TennCareSelect will consider my request.
- BlueCare/TennCareSelect does not usually have to agree with my request.
- BlueCare/TennCareSelect may need my OK to use and disclose information for some services. Without my OK, BlueCare/TennCareSelect may not be able to see if I qualify for services.

I am asking to limit the use and disclosure of the record of my health information

- Tell us what you want limited.
- Write on more pages if necessary.
- Attach it to this page when you send it back.

This is why I want the information limited:

Sign here: X _____ **Date:** _____

Your Right to Change Information in your Record

- You have a right to ask for limited use and disclosure of your information.
- You have a right to have an answer to your request within 60 days. We will tell you if there is a delay in getting you an answer. The delay cannot be more than 30 days. You will get an answer in writing either way.
- If we agree to your request, the use and disclosure of your information will be limited.
- If you ask to end the limitation, we can end our agreement to limit your information. Both of these agreements must be in writing. They will be put in your record. If we have information that was created or received while the limit was in place, it will stay there. It will still be part of the earlier limitation.

You have a right to file a privacy complaint.

Do you have questions? Do you think that your privacy rights have been violated? If you have a question or a complaint, you can contact one of these offices. TennCare Information Line at 1-800-342-3145, Or

Bureau of TennCare

Attn: Privacy Office
310 Great Circle Road
Nashville, TN 37243
Phone: 1-866-797-9469
Fax: 1-615-532-7322

BlueCross BlueShield of Tennessee

Privacy Office
1 Cameron Hill Circle
Chattanooga, TN 37402
Phone: 1-888-455-3824
e-mail: privacy_office@bcbst.com

U.S. Department of Health and Human Services

Atlanta Federal Center Suite 3B70
61 Forsyth Street, SW
Atlanta, GA 30303-0064
Phone: 1-404-562-7886

You will not be punished if you complain or ask for help.

PLEASE DO NOT WRITE BELOW THIS LINE

For BlueCare /TennCare*Select* Use Only

Location of Record:	Record Holder:
<input type="checkbox"/> Approved _____	
<input type="checkbox"/> Denied _____	
<input type="checkbox"/> Delayed _____	
If delayed, we will act on your request by _____	
Comments _____	

BlueCare/TennCare <i>Select</i> Representative Signature	Date

Spanish: Español ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al BlueCare 1-800-468-9698. Llame al TennCareSelect 1-800-263-5479 (TTY: 711: 888-418-0008).

Kurdish: کوردی ناگاداری: ئەگەر بە زمانی کوردی قەسە دەکەیت، خزمەتگوزاری بەکەنی یارمەتی زمان، بەخۆرای، بۆ تۆ بەردەستە. پەیوەندی بە 1-800-263-5479 TennCareSelect 1-800-468-9698 BlueCare (711: 888-418-0008) TTY بکە.



Do you need help with your health care, talking with us, or reading what we send you? Call us for free at: BlueCare 1-800-468-9698 or TennCareSelect 1-800-263-5479 (TTY: 711 and ask for 888-418-0008).

We obey federal and state civil rights laws. We do not treat people in a different way because of their race, color, birth place, language, age, disability, religion, or sex. Do you think we did not help you or treated you differently? Then call BlueCare 1-800-468-9698, TennCareSelect 1-800-263-5479 or TennCare 1-855-857-1673 (TRS 711) for free.

BlueCare Tennessee
1 Cameron Hill Circle | Chattanooga, TN 37402

bluecare.bcbst.com

BlueCare Tennessee is an Independent Licensee of the BlueCross BlueShield Association

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