

Do you need free help with this document? If you speak a language other than English, help in your language is available for free. This page tells you how to get help in a language other than English. It also tells you about other help that's available.

Spanish: Español ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-468-9698 (TTY: 711: 888-418-0008).

Kurdish: ئاگاداری: ئەگەر بە زمانی کوردی قەسە دەکەیت، خزمەتگوزاری یارمەتی زامان، بەخۆرای، بۆ تو بەردەستە. پەیوەندی بە 1-800-468-9698 (TTY: 711: 888-418-0008) بکە.

Arabic: ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-468-9698 (رقم هاتف الصم والبكم: 711: 888-418-0008).

Chinese: 繁體中文 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-468-9698 (TTY 711: 888-418-0008)。

Vietnamese: Tiếng Việt CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-468-9698 (TTY: 711: 888-418-0008).

Korean: 한국어 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-468-9698 (TTY: 711: 888-418-0008)번으로 전화해 주십시오.

French: Français ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-468-9698 (ATS: 711: 888-418-0008).

Amhraic: 1-800-468-9698 (TTY: 711: 888-418-0008)

Gujarati: ગુજરાતી સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-468-9698 (TTY: 711: 888-418-0008)

Laotian: ພາສາລາວ ໂປຸດສາວ: ຖ້າ ທ່ານ ກ່າວ ພາສາ ລາວ, ການບໍລິການ ອຸປະຕິ ອຸປະ ພາສາ, ໂດຍບໍ່ ຈ່າຍ ຄ່າ, ມີ ທີ່ ທ່ານ. ໂທ 1-800-468-9698 (TTY: 711: 888-418-0008).

German: Deutsch ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-468-9698 (TTY: 711: 888-418-0008).

Tagalog: Tagalog PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyong tulong sa wika nang walang bayad. Tumawag sa 1-800-468-9698 (TTY: 711: 888-418-0008).

Hindi: हद्दी ध्यान दें: यद्दी आप हद्दी बोलते हैं तो आपुके लद्दी मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-468-9698 (TTY: 711: 888-418-0008) पर काल करें।

Serbo-Croatian: Srpsko-hrvatski OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-800-468-9698 (Telefon za osobe sa oštećenim govorom ili sluhom: 711: 888-418-0008).

Russian: Русский ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-468-9698 (телетайп: 711: 888-418-0008).

Nepali: नेपाली न दन्निहोस्: तपार्इंले नेपाली बोलनुहुन्छ भने तपार्इंको नमिती भाषा सहायता सेवाहरू नःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-800-468-9698 (टटिविडः 711: 888-418-0008) ।

Persian: توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. 1-800-468-9698 (TTY: 711: 888-418-0008)

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BlueCross BlueShield of Tennessee
The Privacy Office
1 Cameron Hill Circle
Chattanooga, Tennessee 37402-0001
Phone: 888-455-3824

Health Care Finance and Administration
Office of Civil Rights Compliance
310 Great Circle Road, Floor 4W
Nashville, Tennessee 37243
Email: HCFA.Fairtreatment@tn.gov
Phone: 855-857-1673 (TRS 711)
You can get a complaint form online at: <http://www.tn.gov/hcfa/article/civil-rights-compliance>

U.S. Department of Health & Human Services
Office for Civil Rights
200 Independence Ave SW,
Rm 509F, HHH Bldg
Washington, DC 20201
Phone: 800-368-1019
(TDD): 800-537-7697
You can get a complaint form online at: <http://www.hhs.gov/ocr/office/file/index.html> Or you can file a complaint online at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>



- **Do you need help talking with us or reading what we send you?**
- **Do you have a disability and need help getting care or taking part in one of our programs or services?**
- **Or do you have more questions about your health care?**

Call us for free at 1-800-468-9698. We can connect you with the free help or service you need. (For TTY call: 711 and ask for 888-418-0008)